



Collection Procedure – **Seminal Fluid**

Your referring provider has asked that you provide a semen sample for analysis. You can help insure the accuracy of the analysis by following these instructions carefully.

Thank you for your cooperation.

Consult with your physician to verify when the specimen is to be collected and tested. To obtain a sterile specimen container, please contact the Laboratory.

1. Abstain from sexual intercourse and masturbation for 72 hours, but no longer than 5 days prior to collection.
2. Collect the specimen by masturbation and ejaculate directly into a sterile specimen container provided by the laboratory. The use of a condom is **not** acceptable. If masturbation is not possible, please consult with your physician.
3. Care must be taken to ensure that none of the semen sample is lost during collection.
4. Deliver the specimen to the laboratory within one hour of collection. Keep the specimen warm by placing the container in a pocket or close to the body during transport to the lab. Avoid temperature extremes during delivery to the lab.
5. If you are unable to deliver the specimen to the Laboratory within one hour, please contact the lab prior to collection to make alternative arrangements.
6. It is a requirement to check in with registration when dropping off specimens as some tests require blood work as well.

If you have any questions or concerns about collection or the tests being performed, please contact the laboratory at: (541) 426-5308.

Please provide the following information and return this form with your specimen.

Name:	Date of Birth:
Collection Date:	Collection time:
Days of Abstinence:	